

FREE WHEELCHAIR MISSION



Transforming lives through the gift of mobility™

Run for Mobility Runner Toolkit



The Problem

70 million people are in need of a wheelchair but cannot afford one.

Thank you for raising funds to be a part of the solution.



Our Mission & Vision

Free Wheelchair Mission's mission is to provide the transforming gift of mobility to people with disabilities living in developing nations as motivated by Jesus Christ.

We believe in a world where everyone who needs a wheelchair has one. Our goal is to provide our next million wheelchairs by 2025.



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Our Story



Check out our story & learn how FWM got started.

<https://vimeo.com/301711381>

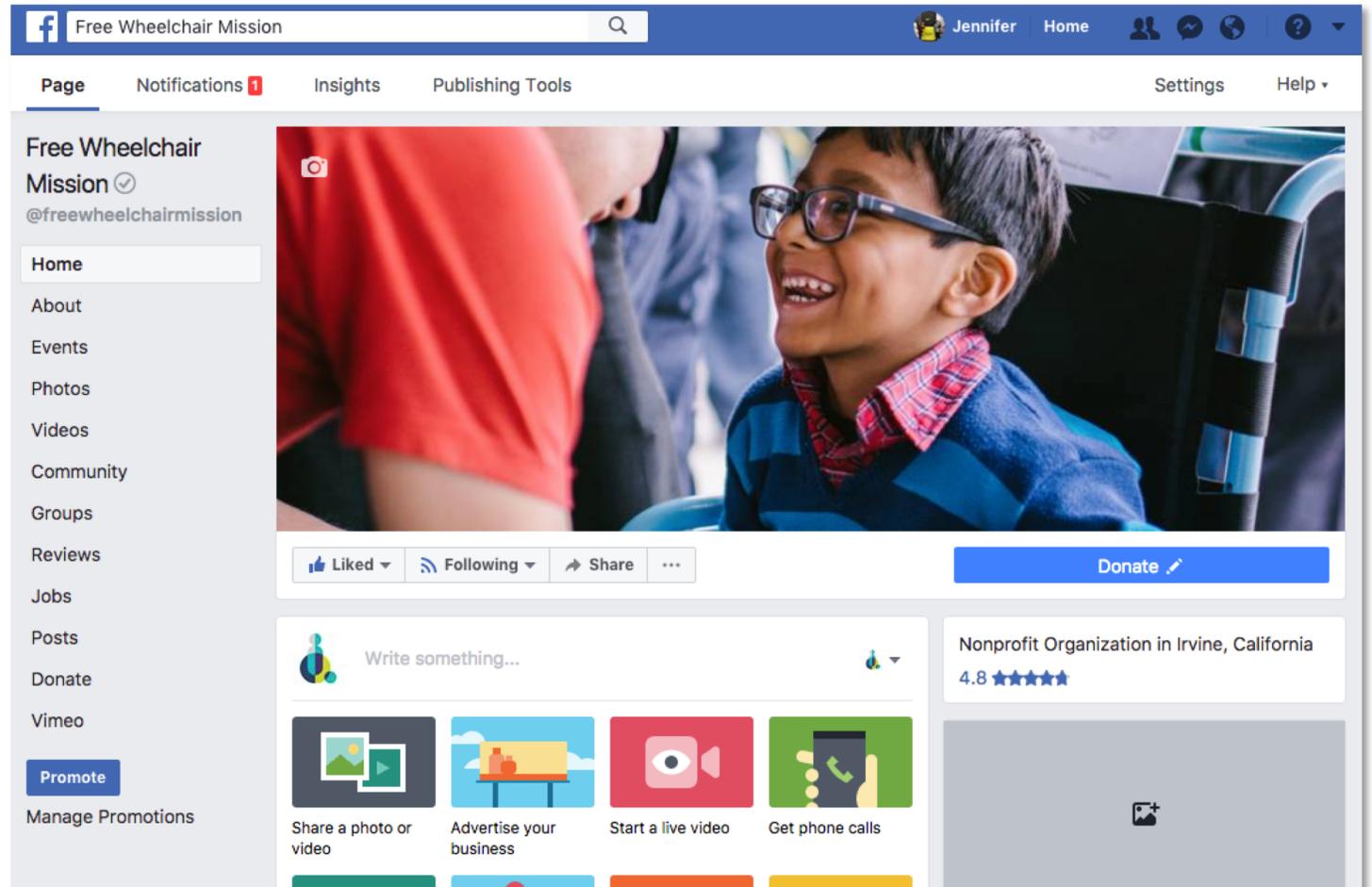
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Social Media

Sharing our story on social media is easy! Simply tag [@freewheelchairmission](#) on Facebook, [@fwmission](#) on Instagram.

Don't forget to include your fundraising link in your post!



Facebook Post Example



Photo ideas: Use a photo of you running/walking.

I am running in the << insert race here: OC 5K, OC Half Marathon or OC Marathon >> this year and doing it for a cause. I am fundraising for Free Wheelchair Mission ([@freewheelchairmission](#)) – a non-profit that provides the gift of a wheelchair to people living with disabilities in developing nations. My goal is to raise <<place # of dollars here>>. Will you please help me reach my goal? I <3 you guys! <<Insert Your Fundraising page link here>> #runformobility #runcause #teammobility #giftofmobility #ocmarathon

Instagram Post Example



Photo ideas: Use a photo of you running/walking.

I am running for a cause in this year's << insert race here: OC 5K, OC Half Marathon or OC Marathon >>. I am fundraising for Free Wheelchair Mission (@fwmission) – a non-profit that provides the gift of a wheelchair to people living with disabilities in developing nations. My goal is to raise <<place # of dollars here>>. Will you please help me reach my goal? <3 you guys! <<Insert Your Fundraising page link here>> #runformobility #runcause #teammobility #giftofmobility #ocmarathon

Instagram Post Example



Photo ideas: Use a photo of you running/walking or at a FWM event.

I am walking for those who can't and making my miles matter in this year's << insert race here: OC 5K, OC Half Marathon or OC Marathon>>. I am fundraising for @FWMission to provide wheelchairs to <enter the lives # here> people with disabilities in developing nations. Will you please help me reach my fundraising goal? <<Insert Your Fundraising page link here>>
#runformobility #teammobility
#giftofmobility #ocmarathon #runcause

Sample Email to Friends & Family

Dear Friend/Family Member/Colleague,

I recently registered to run in the << insert race here: OC 5K, OC Half Marathon or OC Marathon >>, in support of [Free Wheelchair Mission](#). Free Wheelchair Mission ([watch video](#)) is a humanitarian non-profit organization that distributes free wheelchairs to people with disabilities living in developing nations. They have distributed more than one million wheelchairs in over 93 countries since 2001. For \$80 they provide the gift of a wheelchair and lift someone off the ground. A wheelchair not only provides mobility, but transforms their lives - allowing them the chance to go to work, get an education, be independent. There are 70 million people in the world that need a wheelchair. Would you support my cause so we can help them together? My goal is to raise <<INSERT \$\$\$ goal here>> and lift <<INSERT number of lives here>> lives off the ground. You can donate here <<Place Your Fundraising Link here>> - every gift matters, whatever the amount! Thank you for your friendship and your willingness to listen to me share about [Free Wheelchair Mission](#).

With Gratitude,

<<INSERT Your name here>>

Simply copy and paste this into your email and fill in INSERT fields and email to supporters!

Run for Mobility T-Shirt

And don't forget....

Wear your Run for Mobility t-shirt
with pride!

See you at the Start Line.



Thank you.

